



# Stanhope Park Veterinary Hospital

## TRANSPORTING YOUR CAT TO THE SURGERY

### CHOOSE A GOOD CAT CARRIER:

- Never travel with your cat loose in the car – they can be easily frightened and become a hazard – always use a robust carrier.
- Choose carefully – cardboard is unsuitable as a determined cat will claw its way out!
- The carrier should be easy to clean – preferably plastic or plastic-coated.
- Transport cats in separate carriers – even well bonded cats can become aggressive to each other if stressed.
- The carrier should not be so large that the cat can fall about in it.
- A carrier that opens at the top is much easier to use as the cat can be gently lifted in and out rather than have to be encouraged through a doorway at the front.



### TRANSPORTATION TIPS:

- Withhold food for 1-2 hours prior to travel to avoid motion sickness and encourage interest in treats at the surgery.
- Cover the carrier with a towel or blanket during the journey as cats de-stress more quickly in the dark.
- Spray *Feliway* (a synthetic facial pheromone available from the surgery), onto the towel or in the corners of the carrier at least 15-30 minutes before using the carrier, to create a reassuring environment.
- Secure the carrier in the car in a foot-well or on a seat with a seatbelt so it cannot move about.
- Place the carrier on a towel or padding to keep it level in the car and to absorb any “accidents”.
- Drive carefully and gently to avoid the cat being thrown around.
- Stay calm so the cat doesn’t pick up stress from you – be reassuring and avoid loud noises.
- On arrival at the surgery, avoid rushing. Keep your cat in the carrier and hold it carefully – avoid swinging the carrier or banging it against objects or your legs.
- When at the clinic, do not put the carrier on the floor, but ideally place it in an elevated position (on your lap or another chair or table etc.), away from any dogs.
- Whilst waiting to pay or to collect medications following your appointment, place the carrier on the reception desk-top, rather than the floor.

### MAKE SURE THERE ARE FAMILIAR SMELLS FOR YOUR CAT:

- Your cat will be less alarmed if the carrier smells familiar and reassuring.
- Ideally the carrier should be “part of the furniture” and somewhere the cat chooses to sleep or is fed, so it does not only appear when a visit to the vets is imminent. Put the carrier in the main living areas and encourage the cat to enter with treats and fuss.
- Put bedding in the carrier that the cat normally sleeps on or curls up on at home.
- Wipe a soft cloth around the cat’s face to pick up its scent and rub this around the carrier, especially in the corners, and then leave the cloth in the carrier.
- If your cat panics at the site of the carrier, keep calm. Keep the carrier close, but out of sight. Wrap the cat in a thick towel / blanket that smells familiar and put the cat into the carrier quickly but gently. A top-opening carrier makes this much easier.
- Take some spare bedding (*smelling of home*) in case the cat is sick or soils the carrier.

If you have any questions about your pets, call us on 01325 620968 or ask a member of our team